

inSanity:
You're Fantastic

Learn to **Live Out** of the Father's **Love**.

Identity Tests

Two things are particularly required to live a life that is truly heroic in the best sense.

1. Keep asking ourselves what is **driving** our efforts in relation to other people.
2. Learn to **live** within **limits**.

MY NEXT STEP TODAY IS TO:

- Find a silent place this week and take in the tremendous love the Father has for you.
- Carve out some solitary space in the next few days, and sort through what is really driving your behavior.
- Set some limits so that you genuinely have a chance to eat and get some rest.